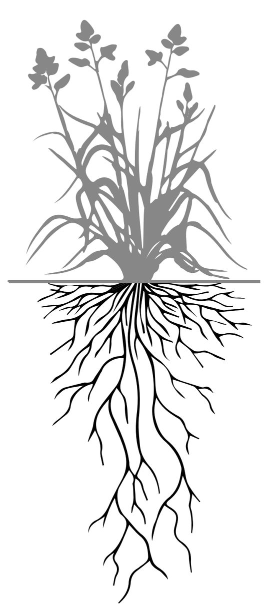
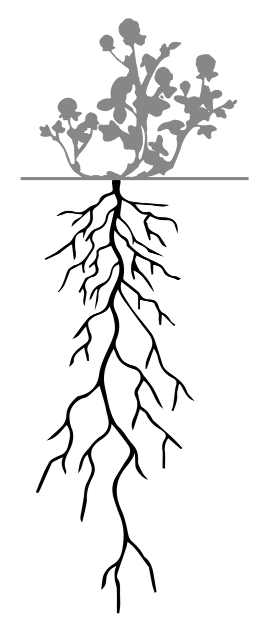
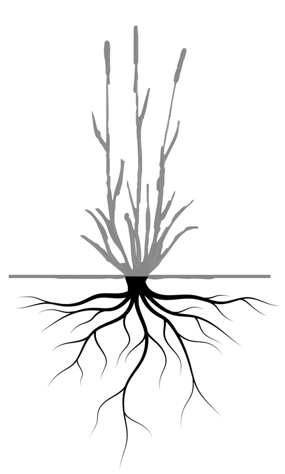
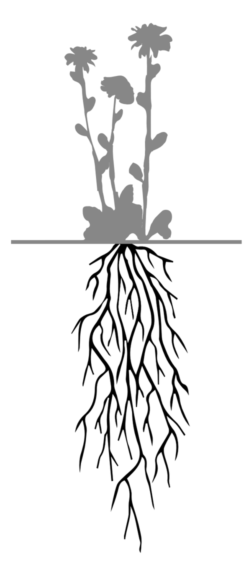
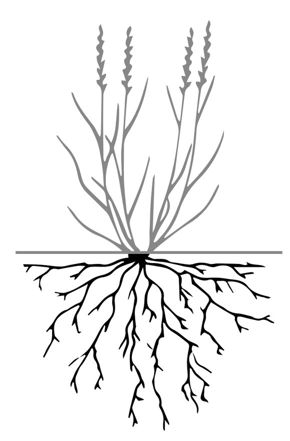
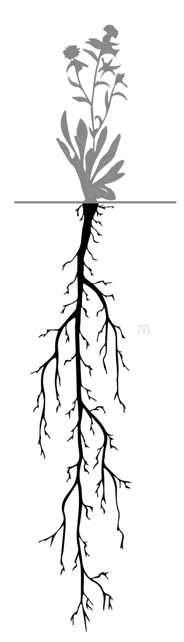
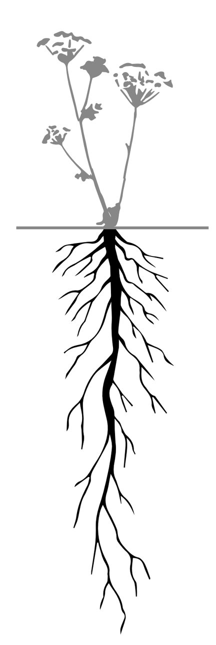
PROSIECT GWNDWN LLYSIEUOL CYMRU
WELSH HERBAL LEY PROJECT

Rhywogaeth *Species*	**A wyddoch chi?** *Did you know?*	**Rhywogaeth** *Species*	**A wyddoch chi?** *Did you know?*
BYSWELLT / COCKSFOOT 	Mae byswellt yn gartref i bryfed ac mae'n flasus pan gaiff ei bori'n aml yn unig er mwyn i'r byswellt aros yn ddeiliog. *Cocksfoot harbours insects and is palatable only when grazed frequently to remain leafy.*	**MEILLION COCH / RED CLOVER** 	Mae protein yn arbennig o uchel mewn meillion coch, ac oherwydd y math o amddiffyniad biocemegol - mae gostyngiad yn y protein a gollir pan gaiff ei silweirio. *Protein content is particularly high in red clover, and due to a form of biochemical protection – there is a reduction in protein loss when ensiled.*
RHONWELLT / TIMOTHY 	Bydd yn tyfu'n helaeth ar dir trwm ac, er mai ond strwythur gwreiddiau bas sydd gan y rhonwellt, mae'n dyfalbarhau'n dda ar dir ysgafnach. *Will grow abundantly on heavy ground and, although it only has a shallow root structure, it still persists well on lighter land.*	**YSGELLOG / CHICORY** 	Fe'i defnyddir mewn gwndwn sy'n cael ei bori oherwydd ei fod yn cynnwys llawer o brotein a'i allu i besgi stoc. Mae'n well peidio â'i ddefnyddio mewn gwndwn sydd â'r nod o gynhyrchu gwair neu silwair oherwydd coesynnau aeddfed anflasus. *Used within grazing leys due to its high protein content and its ability to fatten stock. Best to exclude from leys aimed for hay or silage production due unpalatable mature stems.*
RHYGWELLT / RYEGRASS 	Ar gyfer gwndwn 2 flynedd – defnyddiwch rygwellt Eidalaidd tetraploid a diploid. Ar gyfer gwndwn 3-4 blynedd – defnyddiwch rygwellt hybrid a rhygwellt parhaol cynnar. Ar gyfer gwndwn hirdymor – defnyddiwch rygwellt parhaol canolradd a hwyr. *For 2 year leys – use tetraploid and diploid Italian ryegrasses. For 3-4 year leys – use hybrid ryegrass and early perennial ryegrasses. For long term leys – use intermediate and late perennial ryegrasses.*	**LLYRIAID / PLANTAIN** 	Mae'n tynnu elfennau hybrin yn ddwfn o'r pridd. Caniatewch 6 deilen ar lyriad cyn pori am y tro cyntaf. *Lifts trace elements from deep within the soil profile. Allow 6 leaves on plantain before first grazing.*
MEILLION GWYN / WHITE CLOVER 	Mae bacteria rhisobiwm, sy'n bodoli mewn 'cepynnau' ar wreiddiau meillion, yn sefydlogi nitrogen o'r aer i ffurf y gall y planhigyn ei ddefnyddio. *Rhizobium bacteria, which exist within 'nodules' on clover roots, fix nitrogen from the air into a form that can be utilised by the plant.*	**MILDDAIL / YARROW** 	Mae'n sefydlu'n araf ond yn barhaus iawn oherwydd ei natur tyfu rhisomaidd. Mae wedi'i nodi i wella cylchrediad a llif gwaed mewn da byw. *Slow to establish but very persistent due to its rhizomatous growing nature. Noted to improve circulation and blood flow in livestock.*

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