



# On-farm Health & Safety

Delivered in partnership with the Farming Connect Knowledge Transfer Programme.



## Events



- › October 2024 – Attended Yellow Wellies training session at Bridgend college. Attended Farming Connect Safe Cattle handling event in Usk. Farming Connect Our Farms School visits – (Aberaeron and Cardigan).
- › November 2024 – Wales YFC Eisteddfod competition.
- › January 2025 – Wales YFC Rural Affairs conference, Rose Dew. Glyn Davies visited Felinfach YFC and Tregaron YFC.
- › March 2025 – Supported Food Story event arranged by Pembrokeshire County Show. Attended farm event at Llantwit Major with Arwain DGC – 50 farmers in attendance.



## Shows



- › Oct 24 – Wales Dairy Show
- › Nov 24 – RWAS Winter Fair – launched Nice one Bob again book with WG Minister.

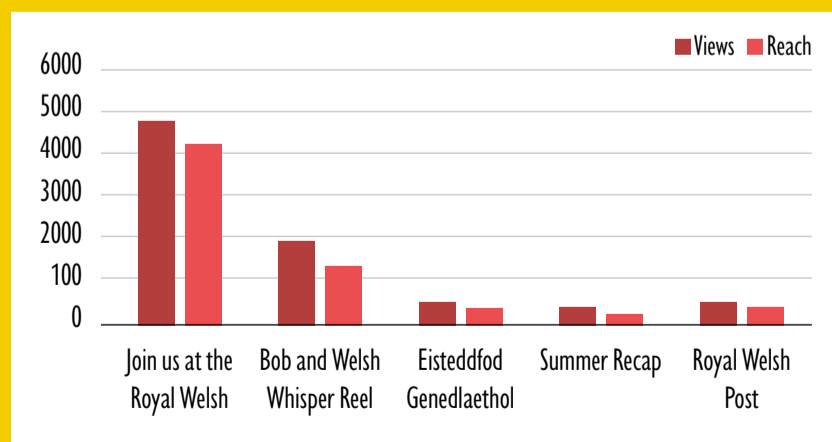


## Publicity

Launched **Nice one again Bob** book, increased social media followers, supported **Mind your Head** campaign



## Social Media



## Accredited Training



**233**

Individuals Supported

**149**

Businesses Supported

**1964**

Hours Delivered

Courses completed:	Individuals supported
Emergency First Aid at Work	90
Rough Terrain Telescopic Lift Truck	22
Level 2 Award in Rodent Management	19
360 degree excavator tracked under and over 10 tonnes	13
Level 3 Award in Food Safety in Catering, Manufacturing or Retail	12

### Feedback:

"This is the first First Aid Course I have been on. I learnt what should be in a First Aid Box, how to treat minor injuries, CPR and how to use a defibrillator" Emergency First Aid at Work

"How to use it, The training has given me confidence to move items around, bales etc. Also to work safely with it." Rough Terrain Telescopic Lift Truck



## Discussion Groups

6 discussion group meetings took place

**6**

Meetings

**13**

Attendees

**13**

hours of CPD

Highlights: Health and Safety legislation, Safe handling of livestock, Safety awareness, Vehicle maintenance



## Horticulture

### Horticulture training



A webinar on Post harvest hygiene was delivered to 10 participants from 9 businesses

### Business support



18 sessions have been delivered to 18 participants from 17 businesses

These sessions were delivered to assist growers with the completion of the Small Grower Standard focusing on safe food into public procurement, due diligence, best working practices and compliance with regulations.

## Training

- February 2025 – Organised Health & Safety Awareness Days (SHAD) events at Glynllifon, Gelli Aur & Newtown college for 150 students in total.

## E-learning

351

Individuals Supported

270

Businesses Supported

Modules completed:	Individuals supported
Mandatory Unit: Health and Safety – Risk Management in Forestry and Farming	349
Mental Health in Agriculture	2

## Agrisgôp

### Health and safety, including mental health

- 8 Agrisgôp meetings have taken place
- 24.5 hours of meeting time

Groups that met during this period focussed on:

- The mushroom group met for the first time. It was clear there was lots of common ground in terms of challenges, learning points and interests. One of these was legislation and how to navigate food safety policies and completing Environmental Health and HACCP.
- The Mental Health group meeting focused on the current issues causing mental health problems for farmers and what can help improve it. The group worked together to identify their own coping mechanisms and share experiences of what they do on their farms that helps maintain a work/life balance. Interestingly the two group members that are in Farming Connect Discussion Groups said these had been good for their mental health as they saw them as a safe place to share their problems and it has increased their confidence.
- The Mental Health group were joined by guest speaker, Elin Pritchard, who explained the scientific research showing how mindfulness has been proven to impact the brain of those that regularly practice it and improves our ability to cope with stress. The group experienced a short formal and informal mindfulness session looking at tension in the body and being in the present moment. We had a short discussion about people's perceptions of mindfulness and were given information on where to access more information about mindfulness and courses available.

## Mentoring

### Health and safety, including mental health

- 20 meetings have taken place
- 32 hours of mentoring have taken place

Extracts from mentoring diaries include:

- We walked around all the farm and the different enterprises to include calf rearing, chickens, solar and tourism. Discussed many options to release time and increase profitability. We talked about mental health and best practices to clear work loads.
- We carried on our discussions and actions on the mentee's plans to hold on-farm tours to cruise ship visitors. One of the elements discussed in this session was a food hygiene certificate. The mentee decided to complete a level 2 online course to be able to serve refreshments on the farm.
- I carried on supporting the mentee to work on reducing his stress related to his business. I worked on empowering the mentee to make difficult business decisions and we worked on how the mentee can be more focused and clear in communication.

## Advisory Service

In January 2025 a new Health & Safety category was introduced.

Examples of topics that would be covered in this category includes:

- Livestock
- Machinery
- Falling from height
- Children on farm
- Hazardous substances

## Our Farms Network

Welsh Farm Safety Partnership attended Our Farms Farm Walks in September 2024 and H&S videos were played while people arrived and after the speakers.

Project updates:

- Moreton Farm | Farming Connect – reduce handling of stock through AI while tackling lameness.
- Wallog | Farming Connect – use of LoRaWAN technology for remote sensing and reducing the need for lone working/ fixing water systems.
- Bugeilus Fawr Project update – Final | Farming Connect – reduce use of pesticides.

